

WEEK 1 • OCT. 4 – 10, 2026

Thousand Hills
Grass-fed beef chuck roast

Ferndale Market
Ground turkey breast (16 oz.)

\$8.99/lb.
save \$5.00/lb.

\$4.99 each
save \$3.00 ea.

WEEK 2 • OCT. 11 – 17, 2026

Wild-caught
Sockeye salmon fillet

Kadejan
Chicken wings

Premium Iowa Pork
Pork loin roast

\$15.99/lb.
save \$5.00/lb.

\$3.99/lb.
save \$3.00/lb.

\$4.99/lb.
save \$4.00/lb.

WEEK 3 • OCT. 18 – 24, 2026

Thousand Hills
Grass-fed beef ribeye steak

Wild-caught
Tail-off shrimp 31-40 ct. (16 oz.)

Miller
Whole chicken

\$18.99/lb.
save \$10.00/lb.

\$9.99 each
save \$6.00 ea.

\$2.29/lb.
save \$0.70/lb.

WEEK 4 • OCT. 25 – 31, 2026

Beeler's
Hickory smoked bacon (16 oz.)

Premium Iowa Pork
Pork shoulder roast

Miller
Boneless skinless chicken breast

\$7.99 each
save \$4.00 ea.

\$3.99/lb.
save \$2.50/lb.

\$5.99/lb.
save \$2.00/lb.

All sales are valid only while supplies last.

LAKEWINDS
FOOD CO-OP

2026

FALL
**MEAT
SALE**



OCT. 4
THROUGH
OCT. 31



4 WEEKS
OF SAVINGS