

# HOT BAR MENU

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Through October 31, 2026.

## ENTREES

- MON**     Kung Pao Chicken *(w/o gluten, dairy-free)*  
Vegetable Fried Rice *(w/o gluten, vegetarian)*  
Fall Vegetable Chow Mein *(vegan)*
- TUE**     Slow Roasted Herb Pork *(w/o gluten, dairy-free)*  
Cheesy Cauliflower *(w/o gluten, vegetarian)*  
Squash & Wild Rice Pilaf *(w/o gluten, vegan)*
- WED**     Red Chile Beef Enchiladas *(w/o gluten)*  
Mushroom Quesabirria *(w/o gluten, vegetarian)*  
Smoky Garlic Roasted Potatoes *(w/o gluten, vegan)*
- THU**     Curried Cashew Chicken *(w/o gluten)*  
Golden Spiced Paneer *(w/o gluten, vegetarian)*  
Coconut Palak with Tofu *(w/o gluten, vegan)*
- FRI**     Sausage Lasagna  
Winter Ratatouilli over Polenta *(w/o gluten, vegetarian)*  
Mushroom Bolognese Cavatappi *(vegan)*

## SOUP OF THE DAY

- MON**     Minestrone *(w/o gluten, vegan)*
- TUE**     Creamy Lemon Chicken *(w/o gluten)*
- WED**     Coconut Carrot Ginger *(w/o gluten, vegan)*
- THU**     Beef Chili *(dairy-free)*
- FRI**     Chicken Noodle *(dairy-free)*

**LAKEWINDS**  
FOOD CO-OP