

NEW ITEMS AT LAKEWINDS, OCTOBER 2025



Field Day nuts & seed oils

Field Day is a popular go-to for pantry staples like canned tomatoes, dried pasta, and crackers. Now you can enjoy the organic quality and budget-friendly price of Field Day when shopping for packaged nuts like almonds and pistachios. We've also added a few new items to our lineup of Field Day seed oils as well, so it's easier than ever to stock your kitchen without going over your grocery budget.

\$3.49-6.49



Jolia Food & Fiber Farm Kernza® flour & grain

We love Kernza grain and flour for lots of reasons, not least of which is its tasty, nutty flavor. Since it's a perennial grain, farmers plant it once and can harvest it for 3 to 5 years before needing to replant. Kernza's roots grow 10 to 12 feet deep, improving the soil's microbiome, sequestering carbon, and filtering harmful nitrites from water.

\$17.99-18.99  LOCAL



Love frozen pizzas

Made locally in St. Louis Park, Love frozen pizzas have a lot to, well, love about them! The dough is made from scratch and rolled with a caramelized cheese edge. The result is a tasty, original pie that might just become your new favorite.

\$12.99  LOCAL



Peterson Craft Meats beef snack sticks

This local family farm's grass-fed, grain-finished beef roasts and steaks are hugely popular at the co-op. And for good reason: They practice rotational grazing and grow their own feed grass to keep the farm sustainable. Their meat is also dry-aged for a minimum of 20 days for intensely beefy flavor.

\$3.99  LOCAL

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More New Items

- **Dandie's** marshmallow cream, \$5.99
- **Gabriel** cosmetics, \$14.99-31.99
- **Humble deodorant**, new varieties (vanilla and cardamom; amber; frankincense and fir; sweet orange and cinnamon), \$9.99
- **Huxley** energy drink 4-packs (strawberry, mango, and tangerine), \$10.99
- **Mary Ruth's** liquid morning multivitamin, \$44.99
- **New Chapter** liquid multivitamin, \$44.99
- **Nonna Pias** classic balsamic glaze, \$8.99
- **Open Water** 12-packs, \$9.99
- **Prima** protein bars (cocoa, salted caramel, and mocha), \$3.99