

NEW ITEMS AT LAKEWINDS, JAN. 2025



Alec's ice cream (new flavors)

You may already be familiar with Alec's delicious A2 ice cream. Now you can enjoy several new flavors, like Meyer lemon cookie and banana chocolate shake! They exclusively use regenerative, organic A2 milk, for an eco- and digestion-friendly ice cream you might just fall in love with.

\$7.99



Apasa green chili achaar

Achaar is a type of spicy pickle used in many South Asian cuisines to add flavor and digestive support to dishes. Woman-owned Apasa's version, locally made using organic ingredients, is a fiery condiment that will add a fermented, pickled heat to your favorite dishes.

\$11.99  LOCAL



MUD\WTR

Looking to kick coffee this year? You're not alone! Some caffeine drinkers find that coffee can lead to unwanted jitters and energy crashes. Enter MUD\WTR! Blending functional mushrooms and herbs with cacao or matcha, these energizing drink mixes will give you a gentler morning or early afternoon boost with extra benefits like immune support.

\$19.99



Prospect Kitchen granola

This minority-woman-owned granola maker is based in St. Paul's Prospect Park neighborhood. Owner Luisa makes every batch of her organic Gunflint Gold granola (named after the Boundary Waters' iconic Gunflint Trail) from scratch to order, ensuring a fresh, handcrafted experience every time.

\$7.99  LOCAL

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Vital Farms large grade A eggs


Vital Farms is on a mission to scale up their egg production business while adhering to the regenerative, ethical practices of small-scale organic farms. They partner with farmers who put animal welfare and environmental stewardship first. In return, they provide fair compensation and ongoing support to encourage more farmers to adopt these people-, planet-, and animal-friendly practices.

\$9.99



Kadejan chicken sausages

These new chicken sausages make a great, leaner alternative to traditional pork, while still maintaining indulgent flavor. They're perfect for wintry soups and stews or for game day snacks. Choose from classic smoked bratwurst and Italian flavors or more adventurous options like cinnamon apple and buffalo blue cheese.

\$10.79/lb.  LOCAL

More New Items

- **Abe's** vanilla vegan mini cupcakes, \$6.99
- **Abe's** vegan fudge, \$6.99
- **Deep Indian Kitchen** kati street wraps (chicken curry and chicken tikka masala), \$3.99
- **Ethel's** gluten-free dessert bars (raspberry crumble and pecan dandy), \$5.99
- **Tillamook** ice cream (chocolate peanut butter and waffle cone swirl), \$7.99
- **Tru Fru** white and dark chocolate covered frozen raspberries, \$7.99
- **TruWhip** vegan whipped topping, \$4.79
- **Van Leeuwen** ice cream (vegan strawberry shortcake, vegan pistachio, cookies and cream), \$7.99
- **Sweet Loren's** puff pastry dough, \$8.99
- **Wholly Wholesome** pie and pastry dough, \$5.99