

# NEW ITEMS AT LAKEWINDS, NOV. 2024



## Abe's vegan cornbread

What's a bowl of plant-based chili without cornbread! In addition to being vegan, this cornbread is also free from common allergens like soy, seeds, and tree nuts. Don't love chili? Warm cornbread with a smear of jam is a cozy way to start your day.

\$7.99



## Heaven Gluten Free sourdough

Baked fresh locally, this new sourdough bread is 100% gluten-free. What a treat! Choose from classic dark, white, multi-seed, and caraway loafs or specialty breads like baguette and focaccia. Learn more about what makes this gluten-free bread special on our blog.

\$7.49-13.99  LOCAL



## Mekhala curry paste

For take-out style curries at home, grab a bottle of these new curry pastes. Stir-fry veggies, protein, and aromatic herbs like Thai basil or cilantro for the base. Then choose which curry paste to try, with flavors including aromatic lemongrass turmeric, spicy Thai red, bright Thai green, and earthy Thai yellow.

\$5.99



## Blue Zones Kitchen frozen bowls

The Blue Zones Kitchen attempts to recreate the diet of areas on the planet where life expectancy is above average. You can enjoy a bit of blue zone life at home with these frozen bowls. Choose from the Costa Rican burrito bowl, the Okinawan sesame ginger bowl, and the Sardinian Mediterranean minestrone casserole bowl.

\$7.49

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## Porta frozen pizzas

These hand-tossed Roman-style frozen Pinsa pizzas are perfect for enjoying a bistro night at home. To preserve the authentic taste experience, Porta uses wheat from La Marche, San Marzano tomatoes from Campania, and extra-virgin olive oil from Puglia.

\$9.99

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## More New Items

- **Pan's** mushroom jerky (zesty Thai and original), \$6.49
- **Bonne Maman** pie filling (apple, blueberry, and cherry), \$8.99
- **Deep Indian Kitchen** frozen wraps (potato pea samosa, spinach paneer, & butter chicken), \$3.99
- **Evergreen** waffles (mixed berry and peanut butter banana), \$6.99
- **Guittard** chocolate bars (bittersweet, unsweetened, and semisweet), \$6.99
- **Painterland Sisters** skyr yogurt (vanilla bean, blueberry lemon, and meadowberry), \$2.79
- **Perfect Bar** (chocolate brownie and pumpkin pie), \$3.49
- **Urban Pie** frozen pizzas (truffle mushroom, roasted vegetable goat cheese, pepperoni), \$12.99