

LAKEWINDS
FOOD CO-OP



F A L L
MEAT
SALE



4 WEEKS
OF SAVINGS

WEEK 1 · OCTOBER 1 - 7, 2023*

Thousand Hills 80% lean grass-fed ground beef (16 oz.)	\$5.99 each save \$2.80 ea.
Wild-caught Sockeye salmon fillet	\$12.99/lb. save \$5.00/lb.
Kadejan Chicken tenderloin	\$4.79/lb. save \$4.00/lb.

WEEK 2 · OCTOBER 8 - 14, 2023*

Premium Iowa Pork Pork loin roast	\$4.99/lb. save \$4.00/lb.
Wild-caught Tail-off shrimp 31-40 ct. (16 oz.)	\$9.99 each save \$5.00 ea.

WEEK 3 · OCTOBER 15 - 21, 2023*

Thousand Hills Grass-fed beef chuck roast	\$7.99/lb. save \$4.50/lb.
Ferndale Free-range dark ground turkey meat (16 oz.)	\$2.99 each save \$3.00 ea.
Beelers Hickory smoked bacon (16 oz.)	\$7.99 each save \$4.00 ea.

WEEK 4 · OCTOBER 22 - 28, 2023*

Premium Iowa Pork Pork shoulder roast	\$3.99/lb. save \$2.50/lb.
Gerber Whole chicken	\$2.29/lb. save \$0.70/lb.

***All sales are valid only while supplies last.**