

LAKEWINDS
FOOD CO-OP

OWNER APPRECIATION MONTH

Owner Deals pricing valid
Oct 13-Nov 2, 2021
while supplies last



GROCERY & BULK

	Sale price	Reg. price
Bliss Gourmet Foods Granola - All Varieties ♥	\$3.99	\$6.49
Buon Giorno Pasta Sauce - All Varieties ♥	\$3.29	\$4.99
California Olive Ranch Olive Oil	\$12.99	\$17.99
Coconut Whisk Baking Mix - All Varieties ♥	\$3.99-\$6.99	\$4.99-\$8.99
Evolved Keto Cups - All Varieties	\$6.99	\$10.49
Kate's Real Food Bars - All Varieties	\$1.69	\$2.69
Mancini Pasta - All Varieties	\$3.99	\$5.99
Mutti Tomato Puree	\$3.29	\$4.39
Peace Coffee 12 oz Packages - All Varieties ♥	\$6.99	\$11.49-\$12.99
Think! Bars - All Varieties	2/\$3	\$1.99
Uglies Potato Chips 6 oz - All Varieties	2/\$3	\$2.99
Baker's Field Good 'Wich of the North ♥	\$6.49	\$7.49
Baker's Field Hundred Rye Bread ♥	\$5.49	\$6.99
Evive Smoothie Cubes - All Varieties	\$4.99	\$6.49
Mikey's Pizza Pockets - Cheese and Pepperoni	\$5.99	\$6.99
Mikey's English Muffins - Original	\$5.49	\$6.49
Bergin Couscous Semolina - Bulk	\$1.99/lb	\$2.99/lb
Bergin Peanut Butter Filled Pretzels - Bulk	\$4.99/lb	\$6.99/lb
Field Theory Shelled Hemp Seeds - Bulk	\$14.99/lb	\$19.99/lb
Kite Hill Dips and Spreads - All Varieties	\$3.99	\$4.99
Hail Merry Macaroons - Chocolate and Caramel Sea Salt	\$3.99	\$4.99
Hail Merry Cups - Key Lime	\$2.49	\$2.99

MEAT & SEAFOOD

Lakewinds Grass-Fed Beef Fajitas ♥	\$8.99/lb	\$14.99/lb
Thousand Hills Grass-Fed Top Sirloin Steak ♥	\$9.99/lb	\$15.99/lb
Peterson Dry-Aged Ground Beef Extra Lean 90% ♥	\$6.99/lb	\$8.99/lb
Ferndale Free-Range Turkey Tenderloin ♥	\$5.49/lb	\$7.49/lb
Morey's Cod Fillets	\$8.99/lb	\$10.99/lb

DELI & CHEESE

Chicken Pot Pie - Grab & Go and Frozen	\$7.49/lb	\$9.99/lb
Smoked Turkey and Swiss Salad	\$9.99/lb	\$12.99/lb
Great Lakes Brie	\$9.99/lb	\$12.99/lb

WELLNESS

Baxyl - 6 oz	\$27.99	\$34.99
Lakewinds Brand Quercetin 500 Plus - 50 tabs	\$15.99	\$21.99
Jarrow Formulas Bone-Up - 240 caps	\$24.99	\$28.99
Master Supplements Theralac ♥	25% off	
North Naturals - All Items ♥	20% off	
Mickelberry Gardens - All Items	20% off	
Honey Girl - All Items	20% off	
Darn Tough Socks - All Items	20% off	