

coop deals

DEC 2 - DEC 15, 2020

just add
chocolate



WINTER TREATS FOR EVERYONE

Fill your home with the aromatic scent of your favorite brownie recipe with a little extra chocolate drizzled on top. Endangered Species fair trade chocolate makes the perfect sweet treat for the holiday season.



2/\$5

Endangered Species
Chocolate Bars
3 oz., selected varieties



3.99

Wholesome
Organic Brown
Sugar
24 oz., selected varieties



3.99

Crofter's
Organic Premium
Fruit Spread
16.5 oz., selected
varieties



7.99

Dr. Bronner's
Organic Whole
Kernel Virgin
Coconut Oil
14 oz., selected varieties



Celebrate the season with baked goods!

Holiday Baking at the Co-op.





3.99
Nancy's
Organic Yogurt
32 oz., selected varieties



6.99
Uncle Matt's
Organic Juice
52 oz., selected varieties



9.99
Organic Valley
String Cheese
18 oz.



5/\$5
Noosa
Yoghurt
4.5 oz., selected varieties



4.99
Maple Hill
Creamery
100% Grass Fed
Organic Kefir
32 oz., selected varieties



2/\$7
The Greek
Gods
Greek Yogurt
24 oz., selected
varieties



4/\$5
Honest
Organic Tea
16 oz., selected varieties



2/\$6
R.W. Knudsen
Organic Juice
32 oz., selected varieties



4.99
Feel Good Foods
Egg Rolls
7-10 oz., selected
varieties

time for holiday mocktails

GARNISHES WITH A BOOST

This season, shop the co-op for your favorite fruity beverages and create mocktails at home. Citrus, pomegranate and peach flavors taste great in a mocktail. Don't forget to add garnishes for an extra boost. Herbs, spices, fruit, ginger and chia seeds are just a few healthy options. Enjoy!



4.49
Izze
Sparkling Juice
Beverage
4 pack, selected varieties

Brighten your mornings with deals from the co-op!



10/\$10

Annie's Homegrown Mac & Cheese
5.25-6 oz., selected varieties



10/\$10

Muir Glen Organic Tomatoes
14.5 oz., selected varieties



2/\$3

Justin's Organic Nut Butter Cups
1.4 oz., selected varieties



2/\$7

Pacific Organic Soup
32 oz., selected varieties



4.99

Rao's Homemade Pasta Sauce
24 oz., selected varieties



2/\$7

Annie's Homegrown Organic Honey Grahams
14.4 oz., selected varieties



2/\$7

Mary's Gone Crackers Organic Crackers
5-6.5 oz., selected varieties



4.49

Garden of Eatin' Tortilla Chips
16 oz., selected varieties



2/\$5

Lundberg Family Farms Rice Chips
6 oz., selected varieties



2/\$7

Raaka Chocolate Bars
1.8 oz.



scoop up the savings in bulk!

99¢

Organic Rolled Oats
per pound in bulk



2.99

Organic Thompson Raisins
per pound in bulk



8.99

Organic Walnut Halves & Pieces
per pound in bulk



Find your favorite bulk products at the co-op.

delicious holiday baking

The co-op has everything you need for the busy holiday baking season. Stock up now on all the ingredients for your favorite recipes.



4.49

King Arthur All-Purpose Flour
5 lbs.



5.99

Once Again Organic Sunflower Butter
16 oz., selected varieties



3.99

Nature's Path Organic Love Crunch
11.5 oz., selected varieties



2.49

Nancy's Organic Cultured Cream Cheese
8 oz.



2/\$5

Divine Chocolate Bars
3-3.5 oz., selected varieties

The co-op has baking ingredients for everyone!

Some items may not be available at all stores or on the same days

Warm your home with help from the co-op.

Some items may not be available at all stores or on the same days

*empowering
your wellness*

As trusted leaders in natural wellness, **Nutranext** understands that each person's body has unique needs. That's why we use quality ingredients, backed by science, in all our brands — to build a stronger foundation for everyone's health, so they can reach new heights.



13.99

Neocell
Super Collagen Powder
7 oz.



14.99

Rainbow Light
Women's One
Multivitamin
60 capsules



16.99

Natural Vitality
Natural Calm
Raspberry Lemon
8 oz.



24.99

Renew Life Ultimate
Flora Probiotic
30 capsules



5.99

Spectrum
Essentials
Organic Flaxseed
14 oz.



fuel for every goal

Repair and refuel muscles with 30 grams of Sport Organic Plant-based Protein — a complete protein — made from a blend of certified-organic pea proteins for a delicious, smooth and creamy texture.

44.99

Garden Of Life
Organic Plant-based
Protein

23-29.6 oz., selected varieties



11.99

Sovereign Silver
Bio-Active Silver Hydrosol
2 oz., selected varieties

Healthy options for everyone at the co-op.



13.99

Weleda Skin Food
2.5 oz.



2/\$5
Dr. Bronner's Pure Castile Bar Soap
5 oz., selected varieties



2/\$7
Jason Toothpaste
4.2-6 oz., selected varieties



1.79
Green Forest Bath Tissue
4 pack



6.99
Avalon Organics Shampoo or Conditioner
11 oz., selected varieties



8.99
Aura Cacia Essential Oil
.5 oz.



9.99
Derma E Anti-Wrinkle Renewal Cream
4 oz.



10.99
Seventh Generation Liquid Laundry Detergent
100 oz., selected varieties



3/\$10
Andalou Naturals Lift Firm Age Defying and Instant Soothing Masks
1 packet



2/\$10
Mineral Fusion Nail Polish Top Coat and Remover
.33 oz.-6 oz.



10.99
Sukin Hydrating Rose Cream
4.06 oz.



holiday at-home essentials

Our goal is to make natural beauty the only choice for people wanting to live a healthy, balanced life, free from unnecessary toxins. Stock up on **Andalou**, **Mineral Fusion** and **Sukin** products for the perfect holiday at home!

Sparkle and shine with products from the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Cooperative Grocery
Keweenaw Co-op Market & Deli
Marquette Food Co-op

Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Harvest Moon Natural Foods
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods

Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Just Local Food Cooperative
Menomonie Market Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
WE Market Co-op
Willy Street Co-op

*to find a food co-op
near you, visit us online
at: welcometothetable.coop*



2/\$6
Cascadian Farm
Organic Cereal
8.6-14.6 oz., selected
varieties



2/\$6
Cascadian Farm
Organic Granola
Bars
6.2-7.4 oz., selected
varieties



4/\$5
Larabar
Protein Bar
1.84 oz., selected varieties



3.99
Blue Diamond
Crafted Gourmet
Almonds
5 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

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