



CHICKEN

Natural Boneless Skinless Chicken Breast

Reg. Price

Sale Price

\$6.99/lb

\$3.99/lb



BEEF

Grass-Fed Ground Beef 85/15% Lean (local)

\$7.99/lb

\$5.99/lb

Grass-Fed New York Strip Steak (local)

\$21.99/lb

\$11.99/lb

Grass-Fed Beef Chuck Roast (local)

\$9.99/lb

\$6.49/lb

Thousand Hills Hot Dogs 12oz (local)

\$8.99/ea

\$6.49/ea



PORK

Natural Boneless Pork Loin Chops (local)

\$8.99/lb

\$4.99/lb

Natural Pork Shoulder (local)

\$5.49/lb

\$3.49/lb

Gerhard's Smoked Pork Brats 12oz (local)

\$7.99/ea

\$4.99/ea

Beeler's Bacon 16oz (local)

\$8.49/lb

\$6.49/lb



TURKEY

Free-Range Ground Dark Meat Turkey (local)

\$5.49/lb

\$2.99/lb

Plainville Roasted Turkey Breast 7oz

\$4.99/ea

\$3.49/ea



FISH

Sockeye Salmon Fillets (wild caught)

\$15.99/lb

\$11.99/lb

Shrimp Tail-On Raw (farm raised)

\$11.99/lb

\$7.99/lb

Tuna Steak (wild caught)

\$12.99/lb

\$7.99/lb

Store Wide Deals!

DELI

Co-op Potato Salad

\$7.99/lb

\$5.99/lb

PACKAGED GROCERY

Triple Crown Organic BBQ Sauce (local)

\$5.99/ea

\$3.50/ea

All varieties



REFRIGERATED

Beyond Meat - Vegan Beyond Burger

\$5.99/ea

\$3.99/ea

Field Roast - Vegan Sausages

\$5.59/ea

\$3.99/ea

Italian, Mexican Chipotle, Apple Sage

No Evil Foods - Vegan Plant Meats

\$7.59/ea

\$4.99/ea

El Zapatista, Italian Stallion, Comrade Cluck, Pit Boss